

Therapist Covid19 Checklist

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Before collecting client

1. Open windows when possible in saloon and bathroom
2. Replace any used bin liners
3. Remove/cover furnishings with wipable covering
4. Extinguish incense/candles to reduce risk of coughing
5. Tie hair back
6. Hang up apron to wear in awning when returned with client
7. In awning plastic box plus lid for possessions, and hanger for longer items
8. Disposable mask ready for client
9. Mask ready for therapist
10. Hand sanitiser in the awning to both use before entry

Hand sanitising station on shelf to the left immediately inside Naiad – including

11. Hand sanitiser for client use
12. Pack/box of tissue
13. Bottle water
14. Box gloves
15. Pack disinfectant wipes/spray
16. Paper towels

On the other side have ready –

17. Consultation form, to sign and tick as appropriate
18. Treatment messages book and pen
19. Visor
20. Separate hand sanitiser
21. Water for therapist

Treatment table –

22. Cover with microfibre towel
23. Cover wipeable bolster cushion with couch roll
24. Cotton cover for client/microfibre towel
25. Other small towels to adjust for comfort

26. Place lined pedal bin in treatment space

27. Wipeable seating stool placed at head of the table

Pre-client/set up/wipe down cleaning list

28. All bathroom surfaces, handwash bowl and taps, rinse toilet, flush button, walls and hard surfaces, pedal bin
29. Remove any fabric towels or flannels
30. Check and refresh paper towels, hand sanitiser, disinfectant spray/wipes
31. Cover with plastic access to the V berth at the bow of the boat – housing the moved soft furnishings
32. Cover with plastic any bench seating left in situ in the saloon
33. Remove unnecessary home related items from treatment area



34. Wipe handrail into the saloon, the door handle into the boat, the ladder sides used for access onto the boat
35. Vacuum carpet
36. Steam clean apron, cloth coverings used
37. Wash at 60 degrees, or 40 with anti bac detergent, any towels used

Collecting client

38. Use anti-bac wipe to open the access gate
39. Maintain as much as possible 2 metres distance
40. Therapist enter awning space first
41. Therapist use hand sanitiser
42. Therapist put on mask, and apron, show client where to place belongings in boxes provided
43. Client to use hand sanitiser
44. Therapist open door to boat and stand back for client to enter

During the treatment

45. Physical contact to be kept to a minimum
46. Gloves to be worn if touch required
47. Time spent around the head area to be reduced
48. Time within the boat to be within 1 hour
49. Where possible reiki messages to be relayed in the awning - outside space

Subject to changes and updates as guidance and practice evolves

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