

## Covid19 Protocol

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**It is important that you do not attend your appointment if -**

- **you have COVID19 symptoms**
- **you are waiting for test results for COVID19**
- **have been with someone, or you live with someone who in last 14 days is/was infected or is in quarantine for COVID19**

So here's the protocol for any in-person appointments in the near future. Please do ask if you have any questions, or if you'd prefer to wait a little longer I fully understand - but wanted to let you know where we are at as Healing in the Harbour!

I apologise that this may seem very formal, I'm actually quite friendly! However at this time I feel it's important to keep you, and me, and therefore your friends and family, and mine, and subsequent clients, as safe as we possibly can. I do hope you understand, I imagine as it becomes more commonplace we will easily become accustomed to it.

So here's the info - it is subject to revision, as changes become appropriate, and within current guidelines.

These adaptations include –

1. In person treatments will take place aboard Naiad - a little more roomy in the saloon than Miss Daydreamer - so that's better in our current times. There's also a large outdoor covered deck area.
2. Only 1-2-1 session will be carried out in person inside the boat. A maximum of 3 people including me can be accommodated by using the external awning space.
3. Trainings, workshops and reiki shares will be online for now. Please let me know if you'd like to attend a reiki share - for those who have been attuned to reiki level 1 and above
4. Consultation and COVID health check form will be carried out, by phone, usually on the day preceding the appointment to confirm we are ok to proceed, and minimise our time indoors to within the 1 hour guidance
5. My cancellation policy has been amended to ensure no one is penalised if an appointment is cancelled due to COVID19 risks
6. If I, or my partner with whom I live, develop any COVID19 symptoms I shall contact you and postpone our appointment
7. Payment prior to appointment is preferred to minimise use of cash and card reader
8. A covered/laminated Therapist Covid19 Checklist is available for inspection by clients and is followed for every session
9. I shall collect you from the lower marina gate, at the boat slipway, and we will wear masks upon entry to the boat awning. I request that clients wear a mask also. In these conditions we are able to operate at a reduced social distance. It is not possible to operate on a boat and maintain 2 metres at all times - unless you have a

super-yacht! I'm happy to provide the masks, but anyone who is wearing their own mask means there's less going into landfill. It is advisable not to touch mask, face, or eyes whilst the mask is on.

10. Coat/bag/shoes to be placed in clear lidded box and left outside the treatment space
11. Plastic coat hanger available in covered rear deck area for long/bulky outer clothing
12. Inside the boat I will wear a visor for close work
13. No blankets to be used during treatments, Couch roll will be used to cover the vinyl surface treatment table. A lightweight towel/fabric covering to be placed over you and washed or steam cleaned after each session.
14. Wipeable bolster cushion, with couch roll, replaces the pillow
15. Entrance curtain to treatment space has been removed
16. Air blower heaters will not be used during the treatment, oil filled radiators will be used when necessary
17. Inside the boat windows will be open as weather dictates, and the room will be ventilated between each session
18. Within the boat awning one or more windows will remain open
19. Upholstered bench seating will be removed/covered with a wipeable cover.
20. Hand sanitising gel is available from back deck area, immediately upon entry, and in the bathroom
21. We will both use hand sanitiser at the start and the end of the session
22. The communal marina toilet facilities (next to car park) will not be available.
23. Toilet facilities will be available within the boat, with paper hand towels, hand wash, anti-bac wipes, hand sanitiser gel and a foot operated pedal bin. This space will be thoroughly surface wiped before any treatment sessions, and after use by a client. The bin to be emptied as per the Government guidelines
24. Carpet will be vacuumed after every treatment
25. You might prefer to bring your drink with you to minimise touch with any surfaces. Bottled water will be available if you need one
26. I respectfully request that clients minimise the surfaces that they touch on the boat