

## Covid19 Protocol

Helen Hatton

Naiad, Bristol Harbour BS1 6UH



**It is important that you do not attend your appointment if -**

- **you have COVID19 symptoms**
- **you are waiting for test results for COVID19**
- **have been with someone, or you live with someone who in last 14 days is/was infected or is in quarantine for COVID19**

Here are the safety measures put in place to keep you, and me, and therefore your friends and family, and mine, and subsequent clients, as safe as we possibly can.

This info is subject to revision, as changes become appropriate, and within current guidelines.

These adaptations include –

1. In person treatments and trainings now take place aboard Naiad – she has a large outdoor covered deck area.
2. If I, or my partner with whom I live, develop any COVID19 symptoms I shall contact you and postpone our appointment.
3. My cancellation policy has been amended to ensure no one is penalised if an appointment is cancelled due to COVID19 risks
4. Payment prior to appointment is now required via bank transfer
5. 1-2-1 treatment session will be carried out in person inside the boat.
6. In person trainings will be for a maximum of 2 students. Face masks will be worn for the short time that we are in close contact, unless exempt
7. I shall collect you from the lower marina gate, at the boat slipway.
8. Clients will wear masks upon entry to the boat, unless exempt. Therapist will be in the boat wearing a mask. In these conditions we are able to operate at a reduced social distance. It is advisable not to touch mask, face, or eyes whilst the mask is on.
9. Coat/bag/shoes to be placed in clear lidded box and left outside the treatment space
10. Blanket use to be kept to a minimum, and rotated 48 hourly.
11. A lightweight cloth cover will be used to cover the vinyl surface treatment table.
12. A head pillow and an under knee pillow are covered with wipeable pillow cases.
13. Entrance curtain to treatment space has been removed

14. Air blower heaters will not be used during the treatment, an oil filled radiator will be used instead
15. The boat will be regularly ventilated, always between each session
16. Hand sanitising gel is available from back deck area, and immediately upon entry
17. We will both use hand sanitiser at the start and the end of the session
18. Toilet facilities will be available within the boat, with paper hand towels, hand wash, anti-bac wipes, hand sanitiser gel and a foot operated pedal bin. This space will be thoroughly surface wiped before any treatment sessions, and after use by a client. The bin to be emptied as per the Government guidelines
19. I respectfully request that clients minimise the surfaces that they touch on the boat

Subject to revision as guidance and practise evolves

Updated 12<sup>th</sup> November 2021

Helen Hatton