

Covid19 Protocol

Helen Hatton

Naiad, Bristol Harbour BS1 6UH



It is important that you do not attend your appointment if -

- **you have COVID19 symptoms**
- **you are waiting for test results for COVID19**
- **have been with someone, or you live with someone who in last 14 days is/was infected or is in quarantine for COVID19**

Here are the Covid19 safety protocol measures in place to keep you, and me, and therefore your friends and family, and mine, and subsequent clients, as safe as we possibly can.

This info is subject to revision, as changes become appropriate, and within current guidelines.

These adaptations include –

1. In person treatments and trainings will take place aboard Naiad - a little more roomy than in our previous treatment boat Miss Daydreamer. There's also a large outdoor covered deck area.
2. If I, or my partner with whom I live, develop any COVID19 symptoms I shall contact you and postpone our appointment.
3. My cancellation policy states no one will be penalised if an appointment is cancelled due to COVID19 risks
4. A covered/laminated Therapist Covid19 Checklist is available for inspection by clients and is followed for every session
5. Payment prior to appointment is preferred to minimise use of cash and card reader
6. 1-2-1 treatment session will be carried out in person inside the boat.
7. In person training will be for 1 client, or 2 if from the same household. Face masks and visors will be worn for the short time that we are less than 2 metres apart.
8. I shall collect you from the lower marina gate, at the boat slipway.
9. Clients will wear masks upon entry to the boat. Therapist will be in the boat wearing a mask and visor. In these conditions we are able to operate at a reduced social distance. It is advisable not to touch mask, face, or eyes whilst the mask is on.
10. Coat/bag/shoes to be placed in clear lidded box and left outside the treatment space

11. No blankets to be used during treatments, A lightweight cloth cover will be used to cover the vinyl surface treatment table. A lightweight towel/fabric covering to be placed over you if you wish and washed or steam cleaned after each session.
12. A head pillow and an under knee pillow are covered with wipable pillow cases.
13. Entrance curtain to treatment space has been removed
14. Air blower heaters will not be used during the treatment, oil filled radiators will be used when necessary
15. Inside the boat windows will be open hourly, and the room will be ventilated between each session
16. Within the boat rear deck the awning will remain open
17. Upholstered bench seating will be removed/covered with a wipeable cover.
18. Hand sanitising gel is available from back deck area, immediately upon entry, and in the bathroom
19. We will both use hand sanitiser at the start and the end of the session
20. Therapist will be regularly tested using the lateral flow tests as per the guidance, when they become available in April 2021
21. The communal marina toilet facilities (next to car park) will not be available.
22. Toilet facilities will be available within the boat, with paper hand towels, hand wash, anti-bac wipes, hand sanitiser gel and a foot operated pedal bin. This space will be thoroughly surface wiped before any treatment sessions, and after use by a client. The bin to be emptied as per the Government guidelines
23. Carpet will be vacuumed after every treatment
24. You might prefer to bring your drink with you to minimise touch with any surfaces. Bottled water will be available if you need one
25. I respectfully request that clients minimise the surfaces that they touch on the boat

Subject to revision as guidance and practise evolves

Updated 6th April 2021

Helen Hatton