

Hi there!

Well, it's been a while! I'm still a novice on social media, but I thought it was about time I touched base with you.

There have been lots of changes this year with the holistic happenings on Miss Daydreamer in Bristol Harbour.

Having set up this business as Reiki on The Water it became apparent I needed to change this to better reflect what I now do, and incorporate other healing modalities, and changed the name to Healing in the Harbour! A heartfelt thank you to those of you who I know from way back then, and a warm welcome to those of you I have met more recently.

Some of you know, I had surgery on the 1st of October, and I'm happy to report that recovery is going well and I will soon be back to full strength in the near future. Thank you for all the healing vibes that you have sent my way :-).

And with that in mind - here's the link to the next Reiki share on Meetup - it's this Wednesday!! <http://meetu.ps/e/G3RXV/gHlnK/f>

So, these Reiki share evenings comprise the giving and receiving of Reiki energy within a group, and is an opportunity for anyone who hasn't yet tried Reiki to take a look and see what they make of it! It's very relaxed and friendly - and everyone is welcome.

And so, as we get closer to THAT TIME OF YEAR, I thought I'd mention that Healing in the Harbour gift vouchers would make a very nice present!! They are £50 each for Reiki or Goddess healing - or maybe tick 3 people off your list for £120, reducing the cost to £40 each.

They are provided on good quality card and envelopes, and I'm happy to post these out on your behalf if you wish including both your name and the recipients in print.

The vouchers can be redeemed for up to 1 year, and are discounted if you should buy three. You could buy yourself one!

I have recently begun some additional training in Glastonbury as a Priestess of Rhiannon, who represents love in all forms. It promises to be interesting and enlightening - I'm only a month into this 18-month training so I'll let you know how it unfolds. Here's a link to the training if anyone else is curious about it!

<https://herpathoflove.com/magdalene-mystery-school/priestess-of-rhiannon/>

Often we are not aware of what Priestessing involves - this is sacredly holding space for others. It is becoming more and more apparent in modern times that we do need and want more links with our natural world, with each other, and with something else! Whether that be by meditation, mindfulness, yoga, religion, or other means - so many of us are trying to calm down our minds and connect to something. Priestessing very much facilitates this - and helps bring us back into harmony!

I currently am a Priestess Healer channelling Goddess Healing - and the Rhiannon training is a further teaching to connect in with my own spiritual guidance.

I hope to hear from you! Do let me know how you are getting on and if I can help.

Wishing you a great week!

Helen

<https://healingintheharbour.co.uk/>

And do feel free to pass this email on to anyone you think it may be useful for!