

Hi there!

Well - today has not gone to plan - at all!

Once in awhile my boat – Miss Daydreamer – has to come out of the water to have her underside washed and painted! So I scheduled boat to be lifted by crane into the Bristol Marina Boatyard today. Being super organised I scheduled this back in January.

But I woke this morning at 4:30 am to find firemen in the local vicinity, rescuing a boat that was sinking. Fortunately, the inhabitant was fine! Albeit rather shocked! So inevitably the nearly sunk boat became much more urgent than me. Understandably so :-). So my boat is exactly where it was yesterday! And not now going anywhere anytime soon - but actually its all turned out rather well!

When we were looking at arranging another date this week it suddenly dawned on me that I could just change the date to late in the month and this would encompass sometime when I was away on holiday. This alleviates any issues for clients wishing to have the peaceful, relaxing experience that they have come to expect. And easier for me to manage client appointments in the coming few weeks. Phew!

So by letting go there seemed to be a very simple, and actually much better solution, to managing living and working on the boat, whilst it's out of the water in the boatyard, and accessible only via a ladder! Do it when you're on holiday!!

So my original plan was thwarted - and a better plan appeared in its place!!

For me, I'd say, it just goes to show - when we go with the flow - the right things happen. And it does actually feel easy! So, if life feels like you're walking through treacle - perhaps you have to let go - and see what comes through next! You never know - It could feel easy!

Do give me a call, email or message if you'd like to book in - as we are now Healing in the Harbour - on the water! - for the next few weeks at least!

Blessings on your day - however it actually turns out!

With love

Helen  
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And do feel free to pass this email on to anyone you think it may be useful for!